

## **Sports Plex - Soccer League Rules**

### *Rules Apply for all Adult/Youth Leagues*

It is the team managers/coaches responsibility to be aware of the guidelines, policies, and rules of Paducah Regional Sports Plex.

**\*Any rule can be changed or altered at the discretion of the referee/management.**

**Number of Players:** Divisions playing full size field will play 7 V 7. Minimum number of players to start and continue to play is five (5) players. If a team is unable to meet the minimum number of players, it must forfeit the game.

- ✓ All players have to be registered online
- ✓ A player may play on more than one team in a division, as long as he/she is on the roster on each team he/she plays on.

**Girls playing competing on Boys Divisions are NOT considered as COED teams and will be awarded only 1 point if they score.**

**Equipment:** Soccer cleats/indoor shoes and shin guards are required. **METAL CLEATS ARE NOT ALLOWED!**

- ✓ Numbers are not required on player's jerseys/t-shirts, as long as they color match.
- ✓ In case of conflict of jersey color, as determined by the referee, the team designated as 'home' will change their jerseys.

**Duration of the Game:** All games will play two (20) minutes halves with a 1 minute half time. It is a continuous running clock that the referee will be in charge of.

- ✓ Timeouts are not allowed
- ✓ The clock will only stop if there is a serious injury or on referee's discretion.

**Fouls - Free kicks:** All free kicks are direct.

- ✓ All fouls committed against the attacking team in the goal box will result in a penalty or shootout kick.
- ✓ Slide tackles are **NOT ALLOWED** and may result in a **BLUE CARD**. Goalkeepers are allowed to slide tackle if not considered dangerous only in their own goal box/arc.

**Shootouts:** Players will place the ball on the restart mark. All players on both teams stand at half line. Goalkeeper must start with one foot on his goal line. Play becomes live once referee blows the whistles.

**Out of Play:** The ball will be placed 1 yard off the wall on the turf at the closes place to where it went out and award the team a direct free kick. A ball which strikes the ceiling will result in a free-kick directly down from the offending teams restart mark. If the ball is deflected and hits the ceiling, it will be considered out of play and will result in a free kick

**Goalkeepers:** A goalkeeper may not play the ball with his/her hands if the ball has been intentional passed back by a teammate using their feet. A free kick will be given.

**NOTE: GOALKEEPERS ARE NOT ALLOWED TO PUNT THE BALL. If goalkeeper punts the ball then a free kick will be awarded from the restart mark.**

**Substitutions:** “On the Fly” and are unlimited as long as they do not interfere with the flow of the game.

**Advantage Rule is used on referee’s discretion. THERE ARE NO OFFSIDES**

**Goals:** All goals scored count as one point.

**TEN POINT MERCY RULE:** The maximum goal difference will be ten (10). The game does not stop, but the display of the score on the board does.

### **Tiebreaker Rules**

**1. Points 2. Head to Head 3. Goal Differential 4. Scores against 5. Score For**

### **Penalty Cards:**

- ✓ Blue Cards = 2 minutes off the field - Dangerous slide tackle (intentional/rough), boarding (shoving someone into the glass), persistent infringement, spitting on the turf and bench or player dissent/abuse to towards a player or referee. If opponent scores, team returns to full strength.
- ✓ Second Blue Card to the same player = Yellow Card = 5 minutes off the field. If opponent scores, team returns to full strength.
- ✓ Third Blue Card to the same player = Red Card (penalized team must play with player down for the rest of the game) Player or Coaches ejected will have to leave the facility immediately. **NO EXEPTIONS!** – Violent conduct, abusive language and any extreme unsporting behavior directed at a referee or opponent. Team remains short-handed for entire duration.

**NOTE: ABSOLUTELY NO FIGHTING WILL BE TOLERATED! All parties involved in a dispute may be ejected from the game, league and/or facility at the discretion of the referee and facility. The referee can STOP the game at any time.**

**Player’s Box:** No one except coaches and players currently playing are allowed in the team boxes (maximum of 2 coaches). No children other than those playing the present game are allowed in the boxes.

**LEAVE THE BENCH NEAT FOR THE NEXT TEAM.** Exit the field after your game and **PLEASE** pick up belongings and garbage to leave the box clean for the next game.

**REFEREE CALLS ARE FINAL**

**Standings:** Scores and standing can be found on the Sports Plex's website.

**\*Paducah Regional Sports Plex has the right to reclassify a team or player in order to provide a competitive and fair league. All age groups will be combined as needed.**

**\*\*Any rule can be changed and/or altered at the discretion of the management.**

*INDOOR SOCCER IT'S FAST PACED, EXCITING & FUN!*

*Enjoy the Game!*

**THANK YOU FOR PLAYING AT THE  
SPORTS PLEX!**

